

| Förbundsmästerskap, liggande gevär | | | | | | |
|---|---|--------------------|------------------|-----------|--------|--------|
| Nyköping 2009-05-17 | | | | | | |
| | | | | | | |
| Final seniorer | 1 | Torbjörn Karlsson | Vrena | 336 | Guld | |
| | 2 | Niklas Halling | Bälgviken | 334 | Silver | |
| | 3 | Göran Hägg | Bälgviken | 328 | Brons | |
| | | | | | | |
| Final veteraner | 1 | Bo Wiqvist | BW Shooter | 329 | Guld | |
| | 2 | Ulf Lindén | Trosa-Vagnhärad | 324 | Silver | |
| | 3 | Lennart Karlsson | Nyköping | 324 | Brons | |
| | | | | | | |
| Final juniorer | 1 | Tommie Nilsson | Mariefred-Kärnbo | 320 | Guld | |
| | 2 | Michael Nilsson | Mariefred-Kärnbo | 287 | Silver | |
| | | | | | | |
| Lagtävling | 1 | Bälgviken | | 553 | | |
| | 2 | Nyköping | | 545 | | |
| | 3 | Trosa-Vagnhärad | | 540 | | |
| | 4 | Mariefred-Kärnbo | | 515 | | |
| | | | | | | |
| Individuellt | | | | | | |
| Klass 2 | 1 | Thommie Nilsson | Mariefred-Kärnbo | 177 + 142 | 319 | 300 kr |
| | 2 | Mikael Brunell | Mariefred-Kärnbo | 169 + 120 | 289 | |
| | 3 | Michael Nilsson | Mariefred-Kärnbo | 169 + 118 | 287 | |
| | | | | | | |
| Klass 3 | 1 | Sture Malmquist | Bälgviken | 178 + 135 | 313 | 100 kr |
| | | | | | | |
| Klass 4 | 1 | Göran Hägg | Bälgviken | 187 + 141 | 328 | 300 kr |
| | 2 | Torsten Karlsson | Vrena | 180 + 138 | 318 | |
| | 3 | Susanne Forslund | Nyköping | 175 + 134 | 309 | |
| | | | | | | |
| Klass Elit | 1 | Torbjörn Karlsson | Vrena | 195 + 141 | 336 | 250 kr |
| | 2 | Niklas Halling | Bälgviken | 188 + 146 | 334 | 150 kr |
| | 3 | Leif Hellman | Nyköping | 184 + 137 | 321 | |
| | 4 | Martin Smedenborn | Åker-Länna | 184 + 133 | 317 | |
| | | | | | | |
| Klass 56 | 1 | Bo Wiqvist | BW Shooter | 184 + 145 | 329 | 250 kr |
| | 2 | Ulf Lindén | Trosa-Vagnhärad | 183 + 141 | 324 | 150 kr |
| | 3 | Anette Dahlenius | Trosa-Vagnhärad | 183 + 138 | 321 | |
| | 4 | Hans Ekman | Trosa-Vagnhärad | 174 + 120 | 294 | |
| | | | | | | |
| Klass 66 | 1 | Lennart Karlsson | Nyköping | 186 + 138 | 324 | 100 kr |
| | | | | | | |
| Klass 72 | 1 | Lennart Eriksson | Trosa-Vagnhärad | 179 + 133 | 312 | 200 kr |
| | 2 | Lars Uno Andersson | Mariefred-Kärnbo | 168 + - | 168 | |